

Jenny Craig Dining Out Guide

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Jul 26, 2015 A quick update on my weight loss that I mentioned in my last vlog. :) Current: 151 lbs. Height: 5'3 Next goal: 145 lbs. The audio is poop because my webcam

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Jenny Craig offers two Eating out. Jenny allows for the occasional restaurant meal. If your dining out choice exceeds the calories for the menu you've

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Does anyone know where I can get a Dining Out Guide? I remember having one when I did JC several years ago, but I have no idea where it is, nor have I seen one at my

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Jun 29, 2010 Dozens of Jenny Craig dining out Hot Tips Animated Visual Portion Guide for understanding common serving sizes; Map restaurant locations;

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